

TUMAINI LA MAISHA TANZANIA

Annual Report

January – December 2013

Introduction

2013 was a significant year for the existence of TLM. This is the Annual Report which comprise of work done by the team TLM, donor, Volunteers and stakeholders in providing non-clinical services which reciprocate a way of working in the context of supporting children with cancer and their families.

Together we identified and support the needs of families coping with childhood cancer during their treatment at the hospital. TLM has incorporated its beneficiaries to share their personal experiences, in the hope that their compassion would serve as an inspiration to the readers.

Executive Summary

The first quarters on TLM strategic plan was mainly on establishing and implement programmes that support children with cancer and their parents/guardian. 15th of February 2013 TLM launched officially its seven programmes namely Ujasiri House (a long stay House), Daily school Programme, Income Generating Activities (IGA), Life skills, Parent support Group, Social Programme, and Nutritional Programme.

The second quarter was focused on strengthening and improving existing programmes and introducing new programmes that compliment further provision of nonclinical services to children with cancer and support their families which remarkably improvements on the way of delivering projects. This was facilitated by in house trainings conducted by different specialists.

The focus of the third quarter for was to create partnership and visibility meetings with other children centered organizations such as UNICEF, CEFA, C-SEMA, FEMINA, and DOGODOGO CENTER to establish networking to add value to our children programmes and collaboration in different aspects.

Fourth Quarter aimed at pushing the efforts To networking in all aspects from programme implementations to create partnership with other organization generating a wide range provision of non-clinical support to children with cancer and support their families as the result TLM is now a full member of the Children Agenda campaign (Agenda ya Watoto) a coalition of civil society organizations who are committed advocates for child rights and are collaborating on the development and implementation of a national advocacy strategy for child rights in Tanzania.

Programmes in Review

Programme	Key Achievements
Ujasiri House	<ul style="list-style-type: none"> The house has hosted 83 families since official opened on February 2013 The house has become interactive whereby parents from the ward have access to Ujasiri house kitchen for domestic purposes hence create a sense of home away from home even to ward patients
Education Programme	<ul style="list-style-type: none"> 752 children have accessed Play therapy Education Programme in accordance to age TLM is running a MEMKWA programme (Type of education for people with special needs) and we are now a recognized center for MEMKWA with full support from the minister of education-Adult section 21 children are now able to speak standard Swahili and 2 children have passed primary education exams and joined secondary education in flying

	<p>colours with TLM assistance having spent more than six month at the Hospital</p> <ul style="list-style-type: none"> • The ward school is now fully furnished with necessary equipment to support formal daily school programme • Introduction of a new sub-programme “child Life” which aims at providing interactive sessions in pain management, fear and boredom. We now have a local play programme officer trained to conduct child life sessions in medical procedure, medical play and pain destruction when undergoing treatment.
Income Generating Activities (IGA)	<ul style="list-style-type: none"> • 81 parents have been Trained in income and Generating Activities • More than 500 different products were made by the families which has generated 2,380,000 TSHs. And the profit has been shared amongst the families • 49 families have been awarded with starter packs and have launched the learning activities as their income earning to their social life. • A total number of 21 patients from Ujasiri house and Outpatients have been trained in a Corporate Social Responsibility (CSR-Training) conducted by Tanzania Chamber of Commerce, Industries and agriculture (TCCIA) on issues of Entrepreneurship and its benefit, Commerce education, Record keeping, Revenue outsource, Group formation, Network and its Benefits
Family support programme	<ul style="list-style-type: none"> • TLM has conducted counseling on diagnosis, on disease, treatment & its side effects which proven very to be useful to parents and patients for them to accept the disease presentation, long term treatment and improve their psychological wellbeing. More than 315 new patients were counseled respectively. • We have provided education on cancer to 216 parents and children through Day Care Programme which has provided parents and adolescence vast knowledge by provide a chance to discuss issues and ask questions on different type of cancer and its treatment. This include the parents with very sick children • We have Manage to secure a donor who support transport programme for children and parents/guardian from hospital-home-hospital
Life skills Programme	<ul style="list-style-type: none"> • We have secured a qualified Teacher of Domestic Science from the municipal who teaches parents/Guardian Domestic studies twice a week at Ujasiri House.
Partnership and Visibility	<ul style="list-style-type: none"> • TLM is now a member of Child Agenda a coalition of civil society organizations who are committed advocates for child rights and are collaborating on the development and implementation of a national advocacy strategy for child rights. • TLM has entered into Agreement with C-SEMA for the purposes of working together to ensure children throughout Tanzania access social

services particularly cancer treatment and raise awareness by calling the 116 Toll Free number.

Indicator Based Performance Assessment

Objective 1:

To improve access to quality non-medical support services for children with childhood cancer and their families

Outputs	Indicators	Source	Baseline	January-December 2013	
				Target	Achievement
Therapeutic Play Program and Education Program is implemented	# of children who are participating in age appropriate play therapy and education program	TLM records	100	200	752
Family Support Program is Implemented	# Caregivers who have participated in Income generating activities	TLM records	12	80	81
	# of children and carers who have received counselling	TLM records	0	80	531
	# of carers accessing parent support groups	TLM records	0	20	37
	# of carers accessing life skill training program	TLM records	0	20	82
	# of carers accessing the transport program	TLM records	8	48	54
Ujasiri House established	Building completed, fully furnished and functioning	MOU between Abott and CIC	Yes	Yes	Complete
	Admissions and Discharge Systems instituted	Admissions and Discharge System	Partial	Yes	Complete
Cancer Awareness Campaign for health workers is launched	Education and Information materials are produced	Education and Information materials	Yes	Yes	Partial

	Outreach partnership with IMA formalised	MOU	No	Yes	Partial
Cancer Ambassadors Programme is implemented	# of carers trained	TLM records	0	50	None

Number of direct beneficiaries: 1,900 children with cancer
Number of indirect beneficiaries: 10,000 + people in childhood cancer families

Indicators	Source	Baseline	January-December 2013	
			Target	Achievements
% of children accessing the Therapeutic Play Programme on the ward and in Ujasiri House	TLM Database	65%	80%	34%
% of children accessing an age appropriate Education Programme	TLM records	40%	50%	39%
# of children and families staying at the Long Stay Houses	TLM Admissions and Discharge records	0	22	83
# of people that receive Cancer Awareness Information	TLM records	120	200	531

Key Challenges

- Lack of motivation for children and parents to attend the programmes due frequently death's at the ward.
- Unpredictable participation of parents and children in the programs due to the nature of treatment
- Late disbursement of funds which affect timely delivery of programs.
- Lack of Teachers who have skills to teach children with disabilities eg blind children
- Unpredictable participation of parents and children in the programs due to the nature of treatment
- Increased number of patients in the ward and clinic that gives ward staff limited time to do all the supportive activities.

Recommendations

- Integrate child Life and therapeutic play sessions for children and parent support group with specialists (Psychologist/Therapist) to introduce more techniques to cope with ward/Hospital challenges to stimulate motivation for children and parents to participate in programmes.
- Ensure funds are disbursed on time to keep up with programmes deliveries in timely manner
- Liaise with the municipal in Adult section to ensure they supply us with teachers with skills to teach children with disabilities eg blind children

Sustainability

TLM is trying to build network by involving partners to spread the wide coverage of non-clinical services as far as childhood cancer is concern by involving as many parties as possible in implementation and ensure the beneficiaries are involved that way the programmes will be unremitting and bring the sense of ownership to the programmes.

Apart from that TLM aims at increasing donor portfolio and direct donations from individuals establishing Friends of Tumaini La Maisha (FoTLM) groups to drive the achievement of our goals. This will assure TLM's sustainability in the long run.

The use of Teachers employed by the Ministry of Education is another factor for our sustainability. Furthermore, our Education Programme is official recognized as a center for children with special needs hence they support us by supply with relevant modules and technical assistance and a possibility of getting funds from the government in the future